

Useful Apps or Website

What is Bullying? BBC Bite size

<https://www.bbc.co.uk/bitesize/topics/zhfdjsg/articles/zj9h6g8>

NCPCC Pants resources

<https://www.youtube.com/watch?v=-IL07JOGU5o>

Things that might be dangerous-BBC Bite size

<https://www.bbc.co.uk/bitesize/topics/zfcvmbk/articles/zm3nmfr>

Fireman Sam NEW episodes

Safety in the Home-YouTube

<https://www.youtube.com/watch?v=UGnW8yQBeN0>

Online Safety-Jessie and Friends YouTube

https://www.youtube.com/watch?v=Yt0us2O3_Jk

Zones of Regulation

<https://www.zonesofregulation.com/learn-more-about-the-zones.html>

Tips for staying safe at the beach –Cbeebies

<https://www.bbc.co.uk/cbeebies/watch/top-tips-for-staying-safe-at-the-beach>

The Slip Slop Slap Song

<https://www.youtube.com/watch?v=GKPP8qqA7cY>

Subject

RHE

Year 1

Useful Books

We are Family - R Wheatcroft

Handa's Surprise - Eileen Browne

Lucy and Tom at the Seaside - Shirley Hughes

Dear Teacher - Amy Husband

Dear Teacher

Key Vocabulary

Autumn

Zones of Regulation

Values: Friendship, Honesty

Bullying

Personal Safety

Road safety

Online Safety

Similarities

Differences

Family

Community

Spring

Golden Rules

Values: Responsibility, Respect

Germ

Bacteria

Hygiene

Dentist

Summer

Values: Kindness, Courage

Staying Safe in the Sun

Slip, Slap, Slop