

Useful Apps or Website

Zones of Regulation

<https://www.youtube.com/watch?v=wVbuk635W9Y>

Handwashing

How to wash your hands

NHS Song

<https://www.youtube.com/watch?v=S9VieIWLnEg>

Road Safety

<https://www.youtube.com/watch?v=uAgxZ-l5pY8>

Firework Safety- Fireman Sam

<https://www.youtube.com/watch?v=ijxtJwA5GKQ>

The Slip Slop Slap Song

<https://www.youtube.com/watch?v=GKPP8qqA7cY>

Subject

RHE

Reception - Personal Social and Developmental

Useful Books

The 3 Billy Goats Gruff

The Odd Egg

Oliver's Vegetables

Games/ Practical Activities

Choosing different kinds of healthy foods when out shopping.

Make a fruit salad.

Key Vocabulary

Autumn

Golden Rules

Feelings

Emotions

Well-being

Zones of Regulation

Excited, calm, anxious

Annoyed, unwell, tired

Worried, wriggly, angry

Values: Friendship, Honesty

Same

Similarities

Differences

Special

Road Safety

Spring

Values: Responsibility, Respect

Kindness

Listening

Summer

Values: Kindness, Courage

Change/Transition

Staying Safe in the Sun

Slip, Slop, Slap